

Emotional Health Centre AAMET Level 3 - Advanced EFT Practitioner * Training Course - duration 1 year

*EFT Level Three is for those who want to explore their amazing potential, reclaim power, fulfil their dreams, and continue on the journey of self-awareness, truth, profound peace and joy. **This is an in depth mentoring program that takes place over 1 year.*** The cost is £600 for Emotional Health Centre Students, £800 for all other students and it can be paid in instalments.

It includes

- **The 8 Day In Depth LiberatingTouch Workshop**
- **Group Mentoring (Supervision and Exploration)**
- **Resources and Assignments**
- **Email and Telephone Support**
- **2 face to face 60 minute mentoring sessions**
- **You will also be able to revisit any of the LiberatingTouch, EFT Level 1 and 2 workshops for half price**

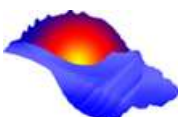
The aim of this course is to help students reach an extremely high level of competency in gaining results with oneself and clients using EFT. The Focus is on the Art of Delivery, pinpointing issues efficiently and building up one's practice. The course includes practice sessions and gives you the opportunity to lead a group session.

At the Emotional Health Centre we have a unique take on Advanced EFT Practitioner * Training. We believe that developing expertise requires time, dedication, mentoring, study, experience, and support. We combine the AAMET Level 3 Training with group and individual Mentoring, [In Depth LiberatingTouch Seminars](#), email and phone support to provide students with a depth of understanding, experiential knowledge but most importantly SELF confidence. At this stage we believe it is vital to share with practitioners how to develop skills and resources so that they can be open to whatever life throws at them. This degree of openness takes dedication, willingness and compassion. At the Emotional Health Centre we specialise in helping you find your authenticity, your gifts and talents, your true (reality) power and an undiluted (uncontaminated) sense of SELF. Having this will give you all that you need to be an Advanced EFT Practitioner. The training is customised to bring out the best in you. If you are interested please [contact us](#).

To attend this course students must already have attended an AAMET accredited EFT Level 2 Workshop. This is also an ideal training /mentoring for EFT Level 3 practitioners wishing to explore their palace of possibilities, become more confident and inspired.

Course Content:

- How to develop and embed reframes that get results.
- Techniques for developing your own intuitive abilities
- Finding and Expressing your own voice
- The questions to ask to uncover the original event/s responsible for the clients' problems
- How to identify events, which are still affecting the client in a negative way even if the client has no initial emotional intensity.
- Techniques that allows a therapist to get results with groups of people
- Methods for bypassing resistance to change



- Client Rapport and Building Bridges
- Other Energy Psychology Methods
- Dealing with Addictions, Trauma and Abuse
- Working with Children
- Love and Forgiveness
- Deep Acceptance and Experiencing Source
- Mastery and continued Self Work

Our EFT Level 3 training is largely exploratory and it is about self awareness and the pursuit of excellence. While the information given in Levels 1 and 2 will equip trainees to do quality work, there are other far-reaching refinements, additional information and "art of delivery" issues that cannot be covered adequately within them. Guidance will be available to trainees for the endless questions that arise in actual practice.

For example...

- Why does my client feel worse?
- What Setup phrases do I use for....?
- What do I do when the client thinks this is silly?
- What do I do after working with a client for 3 sessions and end up going nowhere?
- I'm about to have a client that has issue X and I've never dealt with it before. How do I start?
- How do I deal with the client that has no SUDS level on their issues?
- What if the client can't tap himself or herself physically?
- What's going on when the alcoholic client that I "cured" relapses?
- How do I reframe X, Y or Z?
- Why do I get stuck with my self-help?
- How can I unlock the meaning in my dreams?
- How can I go forward with self-help?

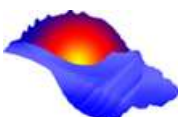
Further, I will be available to help trainees with their challenging cases ... AND ... with finding core issues ... AND ... with knowing when to stop ... and so on. This intensive training is for you to discover ways and means to live your potential, to plumb your depths, experience understanding through acceptance, to heal and to taste the sweetness of emotional freedom. Imagine a life without stress. Imagine a life in which managing stress is easy. Imagine feeling free to grow...

The EFT Level 3 is to give you the confidence to practice as a professional who understands the client. Your ability to do so will have major impact in healing this planet. Satisfying and Inspiring.

In accordance with The AAMET Level 3 Requirements, once you have completed this intensive training program you will be awarded the AAMET Practitioner (Level 3) certification following the submission of 3 satisfactory case studies and one practice review in a group situation.

EFT * Level 1, 2 & 3 Self Help Classes and Practitioner Training: These workshops are for professionals and serious students wanting in-depth, hands on training in EFT. We feel these workshops will generate extraordinary benefits for all attendees. However, EFT is a very flexible process and thus this workshop represents the views of the presenter(s) and not necessarily the complete, standardized training offered at <http://www.emofree.com>. These Workshops are comprised of 3 levels: Level 1, Level 2 and Level 3 and are officially approved by [AAMET \(Association for the Advancement of Meridian Energy Therapy\)](http://www.aamet.org) as containing the necessary training to become proficient in EFT. They provide a standard so that EFT'ers may have common training throughout the world. For more information go to www.aamet.org

Our purpose in teaching at this level is to develop a community of top level EFT professionals with the skills and personal qualities to make a real impact in the world.



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