

Liberate Your Relationship - BE FREE TO LOVE

A 4 month custom designed Loving Adventure for Couples



For Skype, Phone or Face to Face sessions
Details of a possible Plan, Cost & Benefits below

The purpose of this program is to support you both as you discover your dreams and desires, to help you both experience contentment and most of all to Know (Heal) yourselves. It will give you both the opportunity to work closely with Ranjana and Eddie Appoo, dedicated Wholistic Health Professionals and Energy Therapists, for 4 months. This is a custom designed program to heal the mind and liberate your Hearts. The first step is to arrange a free consultation and discuss your needs and discover if Ranjana and Eddie can help you both feel FREE TO LOVE. **Email Ranjana or Eddie at emotionalhealthcentre@googlemail.com to book your free consultation.**

Ranjana writes, "Having worked with couples and weathered the storms of our own relationship we have an experiential understanding of what it means to be free to love each other as we grow, we do not have relationships figured out any more than anyone else. They're a very personal thing and your relationship will inevitably be different than ours. Secondly, we continue to learn every day with every breath.

I have observed that in a relationship our partners can reflect our shadows. We can avoid asking for what we want because of our fears. And then there is that shadow of guilt that can suddenly darken our vision too. We think we'll make them feel bad for not meeting our needs, so we stay quiet, hoping that someday soon our partner will develop telepathy and figure things out. That day hasn't come for me yet. But you can go on waiting if you want. Eddie and I discovered the art of communication is truly an art and sometimes we wait to be inspired and then sharing is exhilarating.

Here are my 4 "T" secrets to a Liberating Relationship; we will explore these and how to implement them in our sessions together:

- 1. Trust- Love & Honesty - Accept your partner as they are*
- 2. Time- Spend Time together and simply BE the best partner you can BE. Find Similarities.*
- 3. Talk – Communicate and Listen with as much awareness as you can, BE more concerned with being kind, than with being right. Avoid making assumptions, avoid taking things personally*
- 4. Touch- Enjoy Intimacy and Healing Touch*

Do either of you feel that you are very different from your partner?

Do either of you feel guilty?

Are you both seeking Peace, Harmony, Balance, & Joy in your relationship?

Do either of you have difficulty trusting your partner?

Do either of you feel that you are not being heard?

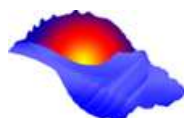
Do either of you wish that you could express yourself better?

Do either of you feel that s/he is always pressing your buttons?

Do either of you wish you spent more quality time together?

Are you thinking of starting a family and finding it difficult and stressful?

Have you had children, are you having parenting challenges?



Are both of you committed to having a relationship based on listening, love, trust, intimacy, freedom and happiness? If you both are, then this is the perfect programme for you both

After your free Consultation below is a possible Plan, Cost & Benefits for **Face to Face Clients** (these details are not fixed, your circumstances and your requirements all need to be taken into account)

- **4 months*** working with 2 dedicated Wholistic Health Professionals focused on supporting your awareness, relationship, transformation, choices and journey
- **2 LiberatingTouch 1 hour sessions with Eddie and/or Ranjana every month either with you both together or individually** (Normally a minimum of £120)
- **Email and Telephone Support** (you can call us and leave a message whenever you have questions, for e.g. Post Session Questions, Self Help questions, if you get stuck or are feeling overwhelmed we will always get back to you ASAP) for 4 months (Priceless)
- Will also Practice **surrogate / intention LiberatingTouch** for you both
- **A Jin Shin Jyutsu session each for you both** every month to help balance and harmonise the changes, you will be shown how you can continue this privately as well (normally £90)

Total Cost for this package would be £145 for both per month or only £580 in total
(A saving of over £65 + extra attention every month, a total saving of over £260)

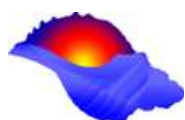
For those who want to pay in advance for the 4 months, there may be a further discount

After your free Consultation below is a possible Plan, Cost & Benefits for **Telephone / Skype Clients** (these details are not fixed, your circumstances and your requirements all need to be taken into account)

- **4 months*** working with 2 dedicated Wholistic Health Professionals focused on supporting your awareness, transformation, choices and journey
- **2 LiberatingTouch Skype or Telephone 1.5 hour sessions with Eddie and/or Ranjana every month either together or individually**
(Normally a minimum of £160 / approx \$180 for 2 EFT telephone sessions)
- **Email and Telephone Support** (you can call us and leave a message whenever you have questions, for e.g. Post Session Questions, Self Help questions, if you get stuck or are feeling overwhelmed we will always get back to you ASAP) for 4 months (Priceless)
- Will also Practice **surrogate / intention LiberatingTouch** for you both
- You will be able to **schedule convenient appointments**

Total Cost for this package would be £95 per month or £380 in total
(A saving of over £65 + extra attention every month, a total saving of over £260)

Payments can be made monthly by PayPal / cheque / or cash



* The 4 months can be spread over a year for example you can take time off for holidays

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