

AAMET Level 3 EFT Requirements (Last Update 07/01/08)

- 1) All existing holders of Level 3 certification (as of 1st January 2006) shall be grandfathered into the new system. However, their Certification will be time limited to 1st January 2007 and will only be extended after that date if they comply with the requirements for Continued Professional Development and Supervision.
- 2) The basic requirement to attain Level 3 status shall be attendance at one two day workshop run by an AAMET Certificated Level 3 Trainer who is the holder of a currently valid Level 3 Certificate or a Master EFT Certificate. This workshop may be split into two one-day workshops with a break between them to allow consolidation.
- 3) Level 3 Certification will be issued at the completion of a two-day Level 3 workshop and shall consist of an Attendance Certificate (Level 3). These Certificates will be extended to become Practitioner Certificates (Level 3) after twelve months provided that the holder complies with the requirements for Continued Professional Development and Supervision.
- 4) The supervision requirement towards the completion of the Level 3 training shall be at least 12 hours supervision by an AAMET Level 3 Trainer at a group meeting or meetings. Alternatively, the supervision, in whole or in part, may be one-to-one supervision by an AAMET Level 3 Trainer, in which case only a total of 6 hours is required. The trainer who presents the applicant's basic two-day training will maintain a paper trail to ensure that the CPD and supervision requirements are completed and will issue a Practitioner Certificate (Level 3) when they are.

A total of at least 5 CPD Units must be gained in each year after the initial Level 3 workshop Units can be gained as follows :-

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| Assessed Case Study (not more than two/year) | 1 Unit |
| Other EFT based Workshops (Separately Assessed) | Up to 4 Units |
| After 1 st year, Peer Supervision (not more that 2 units/year) | 1 Unit |
| 60 min supervision session with Certificated Trainer | 2 Units |
| Personal Study (Documented) | 1 Unit/year |
| Published Article | 1 Unit/year |
| Leading Reported EFT Group | 1 Unit/year |

Other CPD may be assessed on application to the AAMET (TLlewellyn@aol.com)

- 4) Trainers of Level 3 EFT Practitioners must maintain a paper trail to monitor the attendance of their students at workshops and seminars. They must report successful candidates to the AAMET webmaster (currently TLLewellyn@aol.com) who will maintain a listing of current Level 3 Practitioners on the AAMET web sites. Trainers should also report the successful completion of the annual required Continued Professional Development to the Webmaster. The webmaster will remove from the Listing any Level 3 Practitioners who do not complete the Continued Professional Development.
- 5) Those who attain an 'Attendance Certification after attending a Level 3 Workshop will not be listed as 'Level 3' until they complete twelve months satisfactory supervision and are awarded their Practitioner (Level 3) certification.

In specific circumstances alternatives may be taken in lieu of the above requirements and in some cases exemption from them may be granted. Such alternatives and exemptions may be granted after discussion between two members of the AAMET Training Triumvirate