

The Foundations of LiberatingTouch

& the Fundamentals of EFT

(AAMET Level 1 workshop)

Circle of Light

presents

A special 2 day training workshop
with International trainers, Ranjana and Eddie Appoo

A wonderful opportunity to acquire training of 2, powerful
healing and liberating Energy Healing practises.

Date	- Saturday - Sunday 18 th /19 th February 2012
Times	- 9.30 am to 5pm
Cost	- £95/80 conc (includes course material)
Venue	- Potters Bar, Hertfordshire
Bookings	- Reana - 01707 709 423 (numbers limited, early booking advised)



*We invite you to discover
your inborn happiness
and realise
the magnificence of the SELF*



Ranjana is sensitive wholistic health professional.
LiberatingTouch®, EFT and Jin Shin Jyutsu
Practitioner and Workshop Facilitator.
Also an AAMET EFT Trainer of Trainers.

Eddie is an intuitive LiberatingTouch®, EFT,
Jin Shin Jyutsu Practitioner, Workshop Facilitator
He has the innate ability to sense disharmony
and bring balance with astute insight.

Emotional Freedom Technique is a cutting edge therapy with a wide range of applications. based on the Meridian system, as used by the Chinese for thousands of years it is capable of treating mental, emotional and physical issues. It has been described as 'psychological acupuncture, but without the needles' and is quick and easy to learn

LiberatingTouch® is an art that can help anyone to progressively step into their Truth and discover their innate power to heal themselves in all areas of life.

A way of undoing suffering, confusion, judgement, pain, fear, lack of confidence, trauma, and the many wounds of the mind and so experience and share Truth, Love, Joy, Beauty, Enthusiasm, Compassion and Peace. A combination of Ancient wisdom, transpersonal theory, [EFT](#), the energy healing methods practised by ancient cultures, as well as the methods of transformative inquiry developed by the ancient mystics and philosophers.

LiberatingTouch® is a Hands on Approach for Health, Happiness and Self Realisation. Developed by Ranjana and Eddie Appoo, through their own experiences, inspiration, intuitive and spiritual guidance.

I invited Ranjana and Eddie Appoo, to teach a small group of us, and to my delight, they generously agreed to give us the gift of their time and unique healing and training skills.

This is a great opportunity and privilege, to be part of a **Circle of Light** - 10 people maximum, who will be receiving personal attention, tuition and coaching from both Ranjana and Eddie. A true gift at a special price, for those of us on a path of healing and personal development.

Reana