

Emotional Health Centre Gift Vouchers

The Perfect Present

Gift Vouchers make excellent, unique presents for:

- Christmas
- Birthdays
- Mothers Day
- Sharing Tender Loving Care
- Helping someone with recovery from illness, emotional problems, trauma, chronic conditions or critical labels
- Helping someone struggling with life
- To say "Thank You"

The Gift Vouchers of £30, £45 or £60 can be used for any Jin Shin Jyutsu or (EFT) Emotional Freedom Techniques Session/s or Workshops. You can also buy multiple gift vouchers.

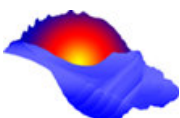


So if you are looking for a special gift, perhaps an EFT or Jin Shin Jyutsu session may be perfect. EFT (Emotional Freedom Techniques) and Jin Shin Jyutsu can bring about a state of deep relaxation, stimulate the body's own healing processes and help a person to return to a state of balance and well being.

1 Jin Shin Jyutsu Session- 45 minutes - £30
1 EFT Telephone Session – 1 hour - £45
1 EFT Face to Face Session – 1 Hour £60

They can help with

- Arthritis
- Back and shoulder pain
- Balances energy flow
- Can aid Weight loss
- Depression
- Digestive disorders
- Eases tension/ Stiffness
- Eating disorders
- Endometriosis
- Enhances Flexibility
- Enhances Well-being
- Enjoyable
- Fatigue/ Lack of energy
- Gout
- Hay fever/ Sinusitis
- Headaches/ Migraines
- Healing
- Healthier skin
- Helps body shed waste
- Helps with stiff joints
- Hormonal imbalances
- Improves Breathing
- Improves Circulation
- Infertility
- Irritable bowel syndrome/ Constipation
- Menopausal symptoms
- Muscle strains
- Nervous system imbalances
- Nourishes the skin
- Palliative Care
- Poor cardiovascular or lymphatic circulation
- Post-operative recovery
- Pre-menstrual tension (PMT)
- Reassuring
- Reduces Anxiety
- Relaxing
- Relieves aches and pains
- Respiratory problems/ Asthma
- Sciatica
- Sleep disorders/ Insomnia
- Soothing
- Sports enhancement
- Sports injuries
- Stimulates Immune function
- Stimulates metabolism
- Stimulates the Lymph System



Or you can give someone a day workshop to remember – During the workshops participants discover how to reduce stress and cause deep relaxation. Reduce depression and anxiety. Increase the sense of well-being, awareness and creativity. Increase the body's ability to control pain. Balance the body's energy and reduce emotional trauma.

EFT Self Help Introductory One Day Workshop - £65
Jin Shin Jyutsu Self Help One Day Workshop - £55

Once you have made your payment online you will receive an email notification from Paypal and shortly thereafter from the Emotional Health Centre. You can also send us a cheque (call us on 01424 427919 for more details).

Vouchers can be emailed to you or posted to you. We will need your name, address and telephone number, and the delivery name and address.

Terms and conditions

- These gift vouchers are valid for 6 months from the date of purchase
- They are non refundable
- These gift vouchers feature a unique reference ID code, may only be redeemed once & may not be exchanged for cash
- Cannot be used in conjunction with concessions

Note: Please be aware that complementary therapy does not take the place of conventional medicine. Always consult a GP. Continue with your prescribed medication. EFT and Jin Shin Jyutsu are complementary therapies that work effectively alongside orthodox/conventional healthcare, thus expanding your treatment options.

