

You are the perfect instrument for Spirit to express itself through.

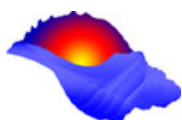
See yourself as a perfectly endowed spiritual instrument without limitations. When you do, you will find it easy, in fact natural, to expect the good that you desire and you will also understand that doubt simply obstructs the enfoldment of healing and abundance in your life. Doubt does not shut down the workings of this power. The power is always working perfectly. The doubt you hold becomes the picture that will turn into your physical results.

Here are 3 Steps that any one can use

1. Open yourself to what you want in your life, build your image, a healthy you, a calm you, a prosperous you, an enlightened you whatever you feel drawn to, fill in the details.
2. TURN IT OVER TO SPIRIT (LET GO, LET GOD)- How does a seed become a tree, just by being planted it attracts to it all the right nutrients that help it grow. Also an acorn never became a mango tree. Thoughts are like seeds, choose the ones you want to plant i.e., give energy to and it will attract to it all that it is required to make it a reality. This way you can be more present in your life because you are not striving to correct the past or anxious about the future.
3. Accept that there is a season to sow and a season to reap, spring follows winter, trials and obstacles are there to be overcome and not avoided. Everything has its season, in this world nothing is permanent. Know that everything is being taken care of. Persistence, patience, acceptance and more persistence. Let it happen, it is doubt that steps in and says nothing is happening or says that good things do not happen to you. More has been achieved through faith and patience than is accounted for.

Take a deep breath and exhale deeply, FORM THE IMAGE OF THE LIFE YOU CHOOSE TO LIVE, hand it over to spirit, god, being, the force, the universe, goodness, love, peace...Everyone has equal access to this...THEN EVERYTHING YOU TOUCH OR COME INTO CONTACT WITH WILL GROW AND EXPAND AND EXPRESS ITSELF, IN A GREATER AND GREATER WAY in ways that you could not imagine or have thought of. It may happen in a flash or it may unfold slowly, let it happen. Each dream is different and requires a specific incubation time, so trust that something is taking care of you. The more you trust that there is something beyond your own ability to transform your world the more the door opens for the light and potential to enter. Faith is freedom from fear, limitation and anguish. May you all be happy and healthy. May your lives be filled with peace, joy, love and laughter.

(Inspired by Bob Proctor's Born Rich Program)



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