



## The Emotional Health Centre Trainer's Training

At The Emotional Health Centre we are committed to training EFT trainers to the highest standard and to providing full and ongoing support to those trained under our banner.

In order to qualify for our training scheme, and to satisfy the AAMET trainer guidelines, it is necessary to meet the requirements below.

For any further information about our Trainer's Training please telephone Ranjana on 01424 427919 or email her at [emotionalhealthcentre@googlemail.com](mailto:emotionalhealthcentre@googlemail.com).

### **Requirements for admission to an AAMET Trainer's Training**

All applicants for an AAMET Trainer's Training need to meet the following requirements:

Only when these requirements have been satisfied will candidates be put through to the trainer programme:

- Full EFT Level 3 certification for min one year
- 2 x client references
- Copy of insurance certificates for past 3 years
- Confirmation of min 200 client sessions
- 2 x case histories (as per AAMET example)
- Reference from trainer
- Copies of Level 2 and 3 certification
- Evidence of group experience using Borrowing Benefits or Tearless Trauma (supply name, number and email of 2 attendees who are happy to be contacted for feedback should we decide to do so)
- Proof of experience and/or qualification in the teaching of adult students preferably in a healing art
- Attend Level 1 and Level 2 AAMET practitioner trainings with selected Trainers Trainer, with written report of suitability for TT. Fee negotiable at Trainer's discretion. The Trainers have the right to refuse the application, and to defer the decision to the TT.
- Evidence of supervision with AAMET certified trainer, email and phone no of AAMET supervisor
- List of cpd points obtained in last year

### **Training**

Candidates will be expected to be very familiar with all Gary Craig's DVD sets (9 sets) and his manuals.

They will be expected to abide by the AAMET's Code of Ethics.

Training to include

- 1 to 1 Trainer Mentoring
- Examples of course schedules
- Demonstration of practical skills
- Demonstration of knowledge base
- Demonstration in front of a group

### **Training Conditions**

Trainers are required to commit to quarterly training supervision sessions, to be agreed with their Trainer.

In the event of complaint, or failure to comply with any of the above, the AAMET Training Triumvirate reserves the right to refuse certification. The Triumvirate's decision is final.

In special circumstances, agreed by at least two of the Training Triumvirate, the Triumvirate has the right to waive any of the above requirements if they believe it would be unreasonable or impractical to apply them fully. When they exempt from any requirements they may then apply any additional requirements that they feel to be reasonable.

### **EFT Trainer's Training**

This is a thorough training program for those wishing to train others to Level 1, 2 and 3, in accordance with the AAMET regulations.

We place great emphasis on the art of delivery and communication skills, assisting our trainers to nurture their students whilst at the same time fostering independent thinking. We look for creativity and humour in our trainers, as well as the ability to lead by example and with integrity. We believe that our clients are our best learning tool and all our trainers are required to be working EFT practitioners. If you think you have the skills to join our team of Emotional Health Centre trained trainers then please write/email us telling us why you should be a trainer and what you feel you can bring to your students.

Cost: £600 (Concessions are available)